

REQUIRED CLOTHING AND EQUIPMENT FOR CADETS

IMPORTANT NOTE

Cadets MUST bring all the items listed below when they report for Day One of training at the State Police Training Academy, UNLESS specifically instructed not to bring certain items until further notice.

FOOTWEAR

- One (1) pair of black, **ALL** leather, broken-in black boots. Some examples are the Lacrosse Taser HD, Rocky Chukka Boots, Altama Leather Boots, and Lowa R-6-QTX Boots. **(ALL BOOTS MUST MEET THE CRITERIA LISTED BELOW)**
 - Reference: [Men's R-6 GTX - BLACK](#)
 - Duty boots must have a plain, seamless toe, and must be lace-up only (Velcro or Zipper Fasteners are **PROHIBITED**).
 - Boots must be a minimum of 6" in height and be of a duty, tactical, military, or combat style.
 - Boots **MUST** be shined before reporting for training.
 - No Leather Luster on Boots.
 - Patent leather, Corfam, Nylon, or Mesh material on **ANY** part of the footwear is **PROHIBITED**.
- One (1) pair all-weather range boots
 - Reference: [UA Valsetz Waterproof Zip Men's Tactical Boots](#)
 - **NOT** your daily uniform boots – **ANY** brand is acceptable must be **BLACK OR BROWN** for firearms and EVOC training.
- One (1) pair of running shoes (a quality pair for high-mileage running) - Running shoes should be a neutral color (black, dark blue, or dark grey). NO FLUORESCENT COLORS
- One (1) pair of cross-training shoes (optional for workouts/Defensive Tactics) – Authorized color selection applies.

UNIFORM CLOTHING

- Five (5) Dickies long-sleeve **DARK NAVY** shirts (**Model 574DN**).
 - Fabric: 67% Polyester / 35% Cotton
 - The model number is on the washing label.
 - Reference: [Dickies Long Sleeve Work Shirt](#)
 - Five (5) Dickies **DARK NAVY** trousers (**Model 874DN**).
 - Fabric: 65% Polyester / 35% Cotton
 - Reference: [Dickies874® FLEX Work Pants](#)
 - Five (5) WHITE V-neck T-shirts (no pockets).
 - Minimum Five (5) pairs of **BLACK** underwear.
 - Minimum Five (5) pairs of **BLACK** cotton uniform socks.
 - Minimum Five (5) pairs of **BLACK** no-show socks for PT.
 - Two (2) **BLACK** cotton crew-neck T-shirts for Taser/Chemical Exposure.
 - Minimum Five (5) pairs of **BLACK** compression shorts (PT only). (**COMPRESSION – NOT UNDERWEAR**)
 - One (1) set military-style PT uniform (top and bottom only)
 - Authorized examples: ACU, BDU, DCU, JCU, OCP, MCCUU, ABU, NWU, ODU
 - NO combat shirts permitted
 - Reference: [Tru-Spec Hot Weather OCP Coat](#)
 - Reference: [Tru-Spec Hot Weather OCP Pants](#)
 - Three (3) sets of khaki cargo pants for firearms and EVOC training.
 - **KHAKI ONLY - 5.11 Stryke Khaki 055– (NO DARK BROWN, COYOTE BROWN, or BATTLE BROWN. MUST BE AS CLOSE TO THE KHAKI IN THE LINKS.)**
 - Men's Reference: [Men's Regular Fit Cargo](#)
 - Women's Reference: [5.11 Stryke® Women's](#)
- ### Gender-Specific Items
- #### Female Cadets:
- Minimum five (5) appropriate undergarments / athletic support apparel
 - Athletic bras only – if additional support is required, it can be padded and in whatever style needed.
 - One (1) **BLACK ONE-PIECE** bathing suit
- #### Male Cadets:
- One (1) athletic supporter
 - One (1) pair **BLACK** swim trunks

Uniform Clothing Notes

- If you cannot fit the standard sizing of the 574/ 874 Models, contact the LEAD TAC Trooper at Freeman.Ramsey@la.gov for guidance and authorized alternatives.
- Dickies brand clothing (pants/shirts) available at Wal-Mart or www.dickies.com.
- You **MUST** have these items before you begin training. Cadets should direct questions or concerns about equipment and uniforms to Freeman.Ramsey@la.gov.

PERSONAL CARE & DAILY LIVING

- Personal hygiene items - (Toothbrush, toothpaste, shaving equipment, **HAIRSPRAY/GEL (FEMALE CADETS)**, deodorant, Etc.)
- Shower shoes/flip flops.
- Large **MESH** laundry bag.
- One (1) small alarm clock.
- ONE (1)** set of civilian clothes for gym storage.
- Any **NECESSARY** medicine or personal health items. (Aspirin, Motion, Advil, or other pain relievers, or required prescription drugs) **NOTE** – These items are for personal consumption only, and excessive quantities of **ANY** substance will be confiscated.

TRAINING GEAR & ACCESSORIES

- Shirt stays – available at police supply stores and online.
 - Reference: [Shirt Stays Adjustable Soft](#)
- One (1) police Velcro "inner belt" that fits appropriately on Day 1 –**(HIGHLY SUGGESTED CHOICE)**
 - Reference: [Reinforced Inner Belt 1.5"](#)
- Mouthpiece for sparring.
- One (1) plain **BLACK** watch cap, cotton, wool, or nylon, for cold weather PT.
- BLACK** gloves, leather or nylon, for cold weather PT.
- Clear swim goggles (**OPTIONAL**).
- Rash Guard for Defensive Tactics (**OPTIONAL**)
 - Reference: [Elite Sports Jiu Jitsu BJJ Rash Guards](#)
- Any needed Knee braces, elbow braces, or shin splint compression socks - items must be **BLACK** and approved by the Training Academy Staff.

SUPPLIES & EQUIPMENT

- One (1) **BLACK** permanent clothes marker.
- One (1) combination padlock (**NO KEYS**).
- One (1) **BLACK** backpack (large enough for issued laptop, accessories, and classroom materials – **NO MESSENGER BAGS**).
- One (1) set of ear buds to listen to audio courses (**NO HEADPHONES**).
- One (1) scientific calculator (Texas Instruments TI-35, Casio fx-260, or equivalent).
- One (1) 12-inch wooden ruler.
- One (1) 300-foot fiberglass tape measure (**DO NOT BRING UNTIL INSTRUCTED**).
- One (1) 150-foot fiberglass tape measure (**DO NOT BRING UNTIL INSTRUCTED**).
- Paste brass cleaner (*Semi-Chrome, Mother's, or Duraglit*) or cotton wadding (Nevr- Dull). **NO LIQUID CLEANER!**
- Shoe shining kit with **BLACK** paste shoe polish (**NO LIQUID POLISH**).
- One (1) Camelbak Chute Mag Vacuum Insulated Stainless Steel Water Bottle, 40 oz, navy.
 - Reference: [Chute® Mag 40oz Water Bottle](#)
- One (1) pocket universal handcuff key.
 - Reference: [UZI Universal Rotating Handcuff Key](#)
- One (1) 5-inch black 3-ring binder.

Firearms Equipment

(DO NOT BRING FIREARMS EQUIPMENT ON DAY ONE OF TRAINING. THE ACADEMY STAFF WILL ADVISE WHEN YOU ARE TO BRING THIS EQUIPMENT)

- Full-size or stinger-size flashlight (preferably rechargeable).
 - Reference: [Streamlight Stinger LED HL Rechargeable Flashlight](#)
- Towel for perspiration.
- Sunscreen.